

## MEALUP DUNSBOROUGH

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### BREAKFAST FOR OUR BIG PEOPLE TILL 11.30AM

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#### THE HULK (GFO)

PAN SEARED MUSHROOM, GRILLED TOMATOES, FAT HIPPO TOMATO CHUTNEY, FRESH BABY SPINACH, EGGS YOUR WAY, CHOICE OF BACON OR SMOKED SALMON, YALLINGUP WOODFIRED SOURDOUGH 26 --- ADD AVOCADO 31

#### BACON AND EGGS (GFO)

GRILLED FREE RANGE BACON, FREE RANGE EGGS YOUR WAY, FRESH BABY SPINACH, YALLINGUP WOODFIRED SOURDOUGH 18.5 --- ADD AVOCADO OR SMOKED SALMON 23.5

#### EGGS YOUR WAY (GFO)

FREE RANGE EGGS YOUR WAY, FRESH BABY SPINACH, YALLINGUP WOODFIRED SOURDOUGH 14.5 --- ADD AVOCADO OR SMOKED SALMON 19.5

#### BET TOASTIE (GFO)

FREE RANGE BACON, FREE RANGE FRIED EGG, BABY SPINACH, TOMATO CHUTNEY, AIOLI, TOMATO SAUCE, YALLINGUP WOODFIRED SOURDOUGH 15.5

#### FRENCH TOAST (V)

BRIOCHE, SEASONAL BERRIES, PURE MAPLE SYRUP, BANNISTER DOWN DOUBLE CREAM, CINNAMON 23 --- ADD FREE RANGE BACON 28

#### FRUIT TOAST (V)

YALLINGUP WOODFIRED FRUIT LOAF WITH FIGS AND SULTANAS 9.5

#### BREAKFAST OF CHAMPIONS (GF) (VEGAN OPTION-ASK FOR NON DAIRY MILK)

PURE MAPLE ROASTED GRANOLA, HOUSE MADE COCONUT YOGHURT, GOJI BERRIES, SEASONAL FRESH FRUITS 16.5

#### NASI GORENG

FREE RANGE FRIED EGG, SHALLOTS, CHICKEN, STRING BEANS, CARROT, CABBAGE, CAPSICUM, SAMBAL OELEK (CHILI) 24

#### BREAKFAST GNOCCHI

PAN SEARED HOUSE MADE GNOCCHI, M.R. VENISON CHORIZO, RED CAPSICUM, FRIED EGG, MOJO VERDE 24.5 --- ADD FREE RANGE BACON 29.5

#### SHAKSHUKA (GFO) (VEGETARIAN)

SHAKSHUKA, OVEN BAKED EGGS, FETA, YALLINGUP WOODFIRED SOURDOUGH 23.5 --- ADD MARGARET RIVER CHORIZO 28.5

#### SUPER HERO (GFO) (VEGAN-ASK FOR NO FETA)

SMASHED AVOCADO, HOUSE MADE DUKKAH, WHIPPED FETA, CHERRY TOMATO SALSA, YALLINGUP WOODFIRED SOURDOUGH 24 --- ADD FREE RANGE POACHED EGGS OR SMOKED SALMON 29

#### BREAKFAST BOWL (GF)

ROASTED KALE, BROCCOLI, HERBS, ALMOND, EDAMAME, WHIPPED FETA, LEMON, POMEGRANATE, 2 POACHED EGGS 20.5 --- ADD AVOCADO OR SMOKED SALMON 25.5

#### EXTRA 5.00

AVOCADO | FREE RANGE BACON | SMOKED SALMON | GRILLED TOMATOES | MARGARET RIVER CHORIZO |  
PAN SEARED MUSHROOM | FREE RANGE EGGS YOUR WAY

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### BREAKFAST FOR OUR LITTLE PEOPLE

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#### BACON AND EGG (GFO)

FREE RANGE BACON, EGG YOUR WAY, YALLINGUP WOODFIRED SOURDOUGH 11.5

#### FRENCH TOAST (V)

BRIOCHE, SEASONAL BERRIES, PURE MAPLE SYRUP, CINNAMON, BANNISTER DOWN DOUBLE CREAM 13

#### EGG YOUR WAY (GFO)

FREE RANGE EGG YOUR WAY, YALLINGUP WOODFIRED SOURDOUGH 10

#### HAM AND CHEESE TOASTIE 9.5

#### HAM AND CHEESE CROISSANT 9.5

#### BANANA BREAD (V) 6.5

(GF) GLUTEN FREE | (GFO) GLUTEN FREE OPTION | (V) VEGETARIAN | (VEGAN) NO ANIMAL PRODUCT

PLEASE ORDER AT THE COUNTER

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## LUNCH FAVOURITE

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### NASI GORENG

FREE RANGE FRIED EGG, SHALLOTS, CHICKEN, STRING BEANS, CARROT, CABBAGE, CAPSICUM, SAMBAL OELEK (CHILI) 24

### GNOCCHI

PAN SEARED HOUSE MADE GNOCCHI, M.R. VENISON CHORIZO, RED CAPSICUM, FRIED EGG, MOJO VERDE 24.5

### SHAKSHUKA (GFO) (VEGETARIAN)

SHAKSHUKA, OVEN BAKED EGGS, FETA, YALLINGUP WOODFIRED SOURDOUGH 23.5 --- ADD MARGARET RIVER CHORIZO 28.5

### BET TOASTIE (GFO)

FREE RANGE BACON, FREE RANGE FRIED EGG, SPINACH, TOMATO CHUTNEY, AIOLI, TOMATO SAUCE 15.5

### "SPECIALS ON BOARD"

PLEASE REFER TO OUR "SPECIAL" BOARD FOR DAILY SPECIAL 22.5

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## WHAT'S IN OUR DELI

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### SALAD OF THE DAY

OUR CHEFS BRING TO YOU DAILY CHOICE OF SALAD USING THE FRESHEST LOCAL PRODUCE 14.5 | 8.5 --- ADD SMOKED SALMON OR CHICKEN 19.5 | 13.5

### GARDEN SALAD

BABY SPINACH, CUCUMBER, CAPSICUM, FETA, CHERRY TOMATOES, LEMON VINEGRETTE DRESSING 7

### DELI SPECIALS

OUR CHEFS LOVE MAKING SOMETHING SPECIALS FOR YOU, HAVE A LOOK IN THE DELI FOR OTHER SURPRISES

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## LITTLE PEOPLE

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PASTA OF THE DAY (TOMATO SUGO AND CHEESE) 12.5

HAM AND CHEESE TOASTIE 9.5

HAM AND CHEESE CROISSANT 9.5

BANANA BREAD (V) 6.5

(GF) GLUTEN FREE | (GFO) GLUTEN FREE OPTION | (V) VEGETARIAN | (VEGAN) NO ANIMAL PRODUCT

LUNCH IS SERVED FROM 11.45AM TO 2.30PM MON TO FRI  
AND 11.45AM TO 2PM SAT / PUBLIC HOLIDAY

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## SMOOTHIES

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**OUR SMOOTHIES ARE GLUTEN, DAIRY AND  
REFINED SUGAR FREE**

### CASHEW BUTTER SMOOTHIE

CASHEW BUTTER, DATES, BANANA, COCONUT MILK,  
COCONUT WATER 9

### TURMERIC SMOOTHIE

TURMERIC, GOJI BERRIES, BANANA, COCONUT MILK,  
COCONUT WATER 9

### COFFEE SMOOTHIE

2 SHOTS ESPRESSO, BANANA, COCONUT MILK, COCONUT  
WATER 9

### CHOCOLATE SMOOTHIE

DARK CHOCOLATE (OUR CHOCOLATE MAY CONTAIN TRACES  
OF DAIRY AND REFINED SUGAR), BANANA, COCONUT MILK,  
COCONUT WATER 9

### GREEN SMOOTHIE

BABY SPINACH, BANANA, SPIRULINA, COCONUT MILK,  
COCONUT WATER 9

### BANANA SMOOTHIE

BANANA, COCONUT MILK, COCONUT WATER 8.5

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## COFFEE

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**WE BRING TO YOU OUR OWN 100% ORGANIC  
ARABIC MEDIUM ROASTED BEANS**

FLAT WHITE | LATTE | CAPPUCCINO | LONG BLACK 4 | 4.8

ESPRESSO | DOUBLE ESPRESSO 3.5 | 4

SHORT MACCHIATO | LONG MACCHIATO 4 | 4.5

MOCHA 4.7 | 6

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## ICED DRINKS

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ICED LATTE (NO ICE-CREAM) | ICED LONG BLACK 6

ICED COFFEE | ICED CHAI LATTE | ICED MOCHA 7

**EXTRA SHOT | DECAF---- 0.50**

**SOY (Bonsoy) | ALMOND (Milk Lab) | COCONUT MILK---- 0.50**

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## JUICES

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**FRESHLY SQUEEZE**

**WATERMELON, APPLE, MINT 7.5**

### REVITALIZER

APPLE, CUCUMBER, LIME, MINT 7.5

### SUNRISE

ORANGE, CARROT, GINGER, MINT 7.5

### PURE ORANGE 7

### MIGHTY APPLE 7

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## TEA

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**WE BREW OUR OWN CHAI MIX FOR LATTE, THE  
RIGHT WAY OF DOING IT**

CHAI LATTE | TURMERIC LATTE 4.7 | 6

**POT OF TEA FOR ONE----** ENGLISH 4  
BREAKFAST | EARL GREY | MINT | GREEN |  
BOMBAY CHAI

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## CHOCOLATE

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HOT CHOCOLATE 4.5 | 5.5

ICED CHOCOLATE 7

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## LITTLE PEOPLE

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BABY CHINO 2.5

KIDS HOT CHOCOLATE 4.5

KIDS ICED CHOCOLATE 4.5