

MEALUP DUNSBOROUGH

BREAKFAST FOR OUR BIG PEOPLE TILL 11.30AM

THE HULK (GFO)

PAN SEARED MUSHROOM, GRILLED TOMATOES, FAT HIPPO TOMATO CHUTNEY, FRESH BABY SPINACH, EGGS YOUR WAY, CHOICE OF BACON OR SMOKED SALMON, YALLINGUP WOODFIRED SOURDOUGH 26 --- ADD AVOCADO 31

SUPER HERO (GFO) (VEGAN OPTION-ASK FOR NO FETA)

SEASONAL AVOCADO, HOUSE MADE DUKKAH, FRESH ROCKET, FETA. OVEN ROASTED SEASONAL TOMATOES, BALSAMIC GLAZE, YALLINGUP WOODFIRED DOURODOUGH 24 --- ADD POACHED EGGS OR SMOKED SALMON 29

BACON AND EGGS (GFO)

GRILLED FREE RANGE BACON, FREE RANGE EGGS YOUR WAY, FRESH BABY SPINACH, YALLINGUP WOODFIRED SOURDOUGH 18.5 --- ADD AVOCADO OR SMOKED SALMON 23.5

EGGS YOUR WAY (GFO)

FREE RANGE EGGS YOUR WAY, FRESH BABY SPINACH, YALLINGUP WOODFIRED SOURDOUGH 14.5 --- ADD AVOCADO OR SMOKED SALMON 19.5

BET TOASTIE (GFO)

FREE RANGE BACON, FREE RANGE FRIED EGG, BABY SPINACH, TOMATO CHUTNEY, AIOLI, TOMATO SAUCE, YALLINGUP WOODFIRED SOURDOUGH 15.5

FRENCH TOAST (V)

BRIOCHE, SEASONAL BERRIES, PURE MAPLE SYRUP, BANNISTER DOWN DOUBLE CREAM, CINNAMON 22.5 --- ADD FREE RANGE BACON 27.5

FRUIT TOAST (V)

YALLINGUP WOODFIRED FRUIT LOAF WITH FIGS AND SULTANAS 9

BREAKFAST OF CHAMPIONS (GF) (VEGAN OPTION-ASK FOR NON DAIRY MILK)

PURE MAPLE ROASTED GRANOLA, HOUSE MADE COCONUT YOGHURT, GOJI BERRIES, SEASONAL FRESH FRUITS 16.5

NASI GORENG

FREE RANGE FRIED EGG, SHALLOTS, CHICKEN, STRING BEANS, CARROT, CABBAGE, CAPSICUM, SAMBAL OELEK (CHILI) 24

FANTASTIC FOUR(PORRIDGE) (VEGAN) (REFINE SUGAR FREE)

BIO-DYNAMIC RICE, COCONUT MILK, MAPLE, MIXED NUTS, ROASTED PEAR 20.5

TORNADO

PAN SEARED HOUSE MADE GNOCCHI, GRILLED PORK BELLY, POACHED EGGS, SALSA VERDE, TALEGGIO CREAM 24.5

SHAKSHUKA (GFO) (VEGETARIAN)

SHAKSHUKA, OVEN BAKED EGGS, FETA, YALLINGUP WOODFIRED SOURDOUGH 22.5 --- ADD MARGARET RIVER CHORIZO 27.5

EXTRA 5.00

AVOCADO | FREE RANGE BACON | SMOKED SALMON | GRILLED TOMATOES | MARGARET RIVER CHORIZO |
PAN SEARED MUSHROOM | FREE RANGE EGGS YOUR WAY

BREAKFAST FOR OUR LITTLE PEOPLE

BACON AND EGG (GFO)

FREE RANGE BACON, EGG YOUR WAY, YALLINGUP WOODFIRED SOURDOUGH 11.5

FRENCH TOAST (V)

BRIOCHE, SEASONAL BERRIES, PURE MAPLE SYRUP, CINNAMON, BANNISTER DOWN DOUBLE CREAM 13

EGG YOUR WAY (GFO)

FREE RANGE EGG YOUR WAY, YALLINGUP WOODFIRED SOURDOUGH 10

HAM AND CHEESE TOASTIE 9.5

HAM AND CHEESE CROISSANT 9.5

BANANA BREAD (V) 6.5

(GF) GLUTEN FREE | (GFO) GLUTEN FREE OPTION | (V) VEGETARIAN | (VEGAN) NO ANIMAL PRODUCT

PLEASE ORDER AT THE COUNTER

LUNCH FAVOURITE

NASI GORENG

FREE RANGE FRIED EGG, SHALLOTS, CHICKEN, STRING BEANS, CARROT, CABBAGE, CAPSICUM, SAMBAL OELEK (CHILI) 24

TORNADO

PAN SEARED HOUSE MADE GNOCCHI, GRILLED PORK BELLY, POACHED EGGS, SALSA VERDE 24.5

SHAKSHUKA (GFO) (VEGETARIAN)

SHAKSHUKA, OVEN BAKED EGGS, FETA, YALLINGUP WOODFIRED SOURDOUGH 22.5 --- ADD MARGARET RIVER CHORIZO 27.5

BET TOASTIE (GFO)

FREE RANGE BACON, FREE RANGE FRIED EGG, SPINACH, TOMATO CHUTNEY, AIOLI, TOMATO SAUCE 15.5

PASTA OF THE DAY

PLEASE REFER TO OUR "SPECIAL" BOARD FOR DAILY SPECIAL 21.5

CURRY OF THE DAY

PLEASE REFER TO OUR "SPECIAL" BOARD FOR DAILY SPECIAL 21.5

"SPECIAL"

PLEASE REFER TO OUR "SPECIAL" BOARD FOR DAILY SPECIAL 22.5

WHAT'S IN OUR DELI

SALAD OF THE DAY

OUR CHEFS BRING TO YOU DAILY CHOICE OF SALAD USING THE FRESHEST LOCAL PRODUCE 14.5 | 8.5 --- ADD SMOKED SALMON OR CHICKEN 19.5 | 13.5

GARDEN SALAD

BABY SPINACH, CUCUMBER, CAPSICUM, FETA, CHERRY TOMATOES, LEMON VINEGRETTE DRESSING 7

DELI SPECIALS

OUR CHEFS LOVE MAKING SOMETHING SPECIALS FOR YOU, HAVE A LOOK IN THE DELI FOR OTHER SURPRISES

LITTLE PEOPLE

PASTA OF THE DAY 12.5

HAM AND CHEESE TOASTIE 9.5

HAM AND CHEESE CROISSANT 9.5

BANANA BREAD (V) 6.5

(GF) GLUTEN FREE | (GFO) GLUTEN FREE OPTION | (V) VEGETARIAN | (VEGAN) NO ANIMAL PRODUCT

LUNCH IS SERVED FROM 11.45AM TO 2.30PM MON TO FRI
AND 11.45AM TO 2PM SAT / PUBLIC HOLIDAY

SMOOTHIES

**OUR SMOOTHIES ARE GLUTEN, DAIRY AND
REFINED SUGAR FREE**

CASHEW BUTTER SMOOTHIE

CASHEW BUTTER, DATES, BANANA, COCONUT MILK,
COCONUT WATER 9

TURMERIC SMOOTHIE

TURMERIC (RUBY CHAI), GOJI BERRIES, BANANA, COCONUT
MILK, COCONUT WATER 9

COFFEE SMOOTHIE

2 SHOTS ESPRESSO, BANANA, COCONUT MILK, COCONUT
WATER 9

CHOCOLATE SMOOTHIE

DARK CHOCOLATE (OUR CHOCOLATE MAY CONTAIN TRACES
OF DAIRY AND REFINED SUGAR), BANANA, COCONUT MILK,
COCONUT WATER 9

GREEN SMOOTHIE

BABY SPINACH, BANANA, SPIRULINA, COCONUT MILK,
COCONUT WATER 9

BANANA SMOOTHIE

BANANA, COCONUT MILK, COCONUT WATER 8.5

JUICES

FRESHLY SQUEEZE

WATERMELON, APPLE, MINT 7.5

REVITALIZER

APPLE, CUCUMBER, LIME, MINT 7.5

SUNRISE

ORANGE, CARROT, GINGER, MINT 7.5

PURE ORANGE 7

MIGHTY APPLE 7

COFFEE

**WE BRING TO YOU OUR OWN 100% ORGANIC
ARABIC MEDIUM ROASTED BEANS**

FLAT WHITE | LATTE | CAPPUCCINO | LONG BLACK 4 | 4.8

ESPRESSO | DOUBLE ESPRESSO 3.5 | 4

SHORT MACCHIATO | LONG MACCHIATO 4 | 4.5

MOCHA 4.7 | 6

ICED DRINKS

ICED LATTE (NO ICE-CREAM) | ICED LONG BLACK 6

ICED COFFEE | ICED CHAI LATTE | ICED MOCHA 7

EXTRA SHOT | DECAF---- 0.50

SOY (Bonsoy) | ALMOND (Milk Lab) | COCONUT MILK---- 0.50

TEA

**WE BREW OUR OWN CHAI MIX FOR LATTE, THE
RIGHT WAY OF DOING IT**

CHAI LATTE | TURMERIC LATTE 4.7 | 6

POT OF TEA FOR ONE---- ENGLISH 4
BREAKFAST | EARL GREY | MINT | GREEN |
BOMBAY CHAI

CHOCOLATE

HOT CHOCOLATE 4.5 | 5.5

ICED CHOCOLATE 7

LITTLE PEOPLE

BABY CHINO 2.5

KIDS HOT CHOCOLATE 4.5

KIDS ICED CHOCOLATE 4.5